

Summer Transition Activities for Year 6

Thinking about going to secondary school can bring all sorts of feelings. It will be different to primary school, so here are some ideas to help you get ready. 😊

TICK OFF AS YOU GO

- ☐ Walk the journey to your new school with an adult. Work out where you will cross the road, and which is the best way to walk.
- ☐ If you are going to be catching a bus, practise walking to and from the bus stop so you know how long it will take you. Get an adult to show you where you will get off the bus. Over the summer, catch a bus somewhere nearby so you can practise having your fare ready.
- ☐ Go into a shop and buy something for yourself — at your new school you might have to pay for things yourself.
- ☐ Visit a café and go to the till to order something from the menu. This will help you practise choosing your lunch at your new school.
- ☐ Some schools have clip-on ties, some have ties you actually have to tie! Practise tying a tie so you can do it when you get ready for school and after PE lessons. There are YouTube videos to show you if you need to.
- ☐ Go to the shops with a list of things to buy. This will help you remember things and help you be organised for your new school.
- ☐ At secondary school you will often be given instructions to follow. Practise this by following recipes and making some yummy snacks over the summer!
- ☐ Put emergency numbers in your phone — people who can help you if you need them to. Put your new school's number in your phone too, in case you need to contact them.
- ☐ Put your name in your uniform and your PE kit. Write it in with a fabric pen — secondary schools are much bigger, so it can be tricky to find things if you lose them.
- ☐ Pack all your equipment in your bag — pens, pencils, rulers etc. Your new school will tell you what you need to take.
- ☐ Show a grown-up you can cross the road safely.
- ☐ Make a plan for if you miss the bus or are late meeting your friends. What will you do? How long will you wait? How will you let your friends know you're late? Talk this over with an adult at home.

Everyone feels mixed up about starting secondary school

If you are feeling more scared or worried than you can manage, talk to an adult, or someone you know who is already at secondary school. Talking about your worries helps your body feel calmer.